

Goal: HUMAN AND FAMILY DEVELOPMENT

Desired Community Condition(s)

Senior citizens live and function in optimal environments.

Residents are healthy and have access to health care, mental health care, and recreation.

Program Strategy: SUPPORTIVE SERVICES TO THE ELDERLY

A2901

Supportive Services To The Elderly

Department: FAMILY AND COMMUNITY SERVICES

Service Activities

Mental Health Counseling

Geriatric Prevention Health Services

In Home Long Term Care Services

Senior Legal Services

Senior Day Care

Strategy Purpose and Description

The mission for this strategy is to provide intervention services supporting frail elderly to enable them to remain in their own homes with assistance.

The primary customers are frail elderly who are no longer able to perform daily living activities without assistance.

Customer condition: Frail homebound elderly are at-risk of institutionalization.

Conditions addressed: Personal Care, Homemaker, and Respite Care enable individuals to remain in their homes with appropriate support and caregiving assistance.

Changes and Key Initiatives

Efforts continue to assist seniors in living healthy lifestyles through education and screening.

Personal Care, Homemaker and Respite Care services will be combined in an RFP and the programs will have one or more contracted providers.

Input Measure (\$000's)

2001	265	265 OPERATING GRANTS FUND	805
2002	265	265 OPERATING GRANTS FUND	805
2003	265	265 OPERATING GRANTS FUND	591
2004	265	265 OPERATING GRANTS FUND	1,254
2005	265	265 OPERATING GRANTS FUND	1,702
2006	265	265 OPERATING GRANTS FUND	1,583

Strategy Outcome	Measure	Year	Project	Mid Year	Actual	Notes
Frail, homebound elderly will be able to remain in their homes and avoid institutionalization.	None	2001				

2002	NA
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2003	NA
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2004	NA
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2005	NA
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2006	NA
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Goal: HUMAN AND FAMILY DEVELOPMENT
Parent Program Strategy: SUPPORTIVE SERVICES TO THE ELDERLY
Department: FAMILY AND COMMUNITY SERVICES

Service Activity: Mental Health Counseling

3125593

Service Activity Purpose and Description

The purpose is to assist seniors in need of individualized assistance in addressing severe issues being experienced in their lives. Professional counseling is provided to restore healthy lifestyles on a short term basis through referrals by Case Management. Volunteer Group and Individual Counseling is offered to seniors who will benefit from assistance to address stress related issues. The service provides a safe, supportive environment to discuss issues and concerns that affect individual=s emotional and mental concerns.

Primary customers: Persons aged 60 and over and their caregivers who are in need of counseling assistance.

Changes and Key Initiatives

No significant changes. Broaden the use of volunteers in conducting group counseling sessions

Input Measure (\$000's)

2002	265	265 OPERATING GRANTS FUND	37
2003	265	265 OPERATING GRANTS FUND	0
2004	265	265 OPERATING GRANTS FUND	0
2005	265	265 OPERATING GRANTS FUND	64
2006	265	265 OPERATING GRANTS FUND	38

Strategic Accomplishments

None

<i>Output Measures</i>	<i>Year</i>	<i>Projected</i>	<i>Mid-Year</i>	<i>Actual</i>	<i>Notes</i>
Professional and volunteer group and peer mental health counseling	2001			950	889 peer) 189 professional)
Professional and volunteer group and peer mental health counseling	2002	1078			889 peer) 189 professional)
	2003	1078			889 peer) 189 professional)
	2004	1078			889 peer) 189 professional)
	2005	1078			
	2006	1078			

Goal: **HUMAN AND FAMILY DEVELOPMENT**

Parent Program Strategy: **SUPPORTIVE SERVICES TO THE ELDERLY**

Department: **FAMILY AND COMMUNITY SERVICES**

Service Activity: Geriatric Prevention Health Services

3125596

Service Activity Purpose and Description

The purpose is to maintain healthy lifestyles for those age 60 or older through screening for prevention of medical conditions, and education to assist with medical treatments prescribed by physicians. Accessibility to screening and information services will help seniors to remain healthy. These services are provided through the UNM Health Sciences Center under a \$32,150 contract.

The following services are provided through clinics located at senior facilities:

diabetes screening, monitoring and education;

blood pressure screening, foot care;

health assessment activities, education and referrals for medical care

Primary customers: Minority and low income persons age 60 and over in need of medical screening, treatment support information and education on health issues.

Customer conditions: Many seniors do not seek out health related services until medical conditions are advanced.

Changes and Key Initiatives

Expansion of services to more seniors in all quadrants of the City and Bernalillo County.

The provider, UNM College of Nursing, is seeking the additional funds from a foundation to expand services.

Input Measure (\$000's)

2002	265	265 OPERATING GRANTS FUND	30
2003	265	265 OPERATING GRANTS FUND	12
2004	265	265 OPERATING GRANTS FUND	0
2005	265	265 OPERATING GRANTS FUND	131
2006	265	265 OPERATING GRANTS FUND	89

Strategic Accomplishments

FY/00: Meeting of clients served and hours of service provision.

FY/01: Meeting of clients served and hours of service provision.

<i>Output Measures</i>	<i>Year</i>	<i>Projected</i>	<i>Mid-Year</i>	<i>Actual</i>	<i>Notes</i>
Geriatric prevention health services provided through contractual services	2001			650	
Geriatric prevention health services provided through contractual services	2002	250			
	2003	250			
	2004	250			
	2005	250			
	2006	250			

Goal: **HUMAN AND FAMILY DEVELOPMENT**

Parent Program Strategy: SUPPORTIVE SERVICES TO THE ELDERLY

Department: **FAMILY AND COMMUNITY SERVICES**

Service Activity: In Home Long Term Care Services

3125597

Service Activity Purpose and Description

The purpose is to provide intervention services (Personal Care, Homemaker and Respite Care) supporting frail elderly to enable them to remain in their own homes. DFCS anticipates that in FY/05 it will contract with Cornucopia, Inc. in the amount of \$75,000 for these services and with three for profit providers selected through an RFQ process.

Homemaker services: Light housekeeping; meal preparation and planning; cleaning of kitchen, bath, laundry; provide companionship.

Primary clients: Homebound persons aged 60 and over.

Changes and Key Initiatives

Funds for Homemaker services were increased due to waiting lists.

Personal Care, Homemaker and Respite Care services will be combined in an RFP and the programs will have one or more contracted provider.

Input Measure (\$000's)

2002	265	265 OPERATING GRANTS FUND	473
2003	265	265 OPERATING GRANTS FUND	0
2004	265	265 OPERATING GRANTS FUND	858
2005	265	265 OPERATING GRANTS FUND	620
2006	265	265 OPERATING GRANTS FUND	429

Strategic Accomplishments

Output Measures	Year	Projected	Mid-Year	Actual	Notes
Homemaker services	2001			22,300	
Homemaker services	2002	20,923			
	2003	20,923			
	2004	20,923			
	2005	20,923			
	2006	20,923			

Output Measures	Year	Projected	Mid-Year	Actual	Notes
Personal Care services	2001			5,000	<i>This category is now combined with Homemaker & Respite Care Services</i>
Personal Care services	2002	see notes			<i>This category is now combined with Homemaker & Respite Care Services</i>
	2003	see notes			<i>This category is now combined with Homemaker & Respite Care Services</i>

2004 see notes

*This category is now combined with
Homemaker & Respite Care Services*

2005 see notes

2006 see notes

<i>Output Measures</i>	<i>Year</i>	<i>Projected</i>	<i>Mid-Year</i>	<i>Actual</i>	<i>Notes</i>
Respite Care services	2001			7,937	
	2002	10,111			
Respite Care services	2003	10,111			
	2004	10,111			
	2005	10,111			
	2006	10,111			

Goal: **HUMAN AND FAMILY DEVELOPMENT**
Parent Program Strategy: SUPPORTIVE SERVICES TO THE ELDERLY
Department: **FAMILY AND COMMUNITY SERVICES**

Service Activity: Senior Legal Services

3125630

Service Activity Purpose and Description

The purpose is to ensure that seniors have access to legal services who otherwise would be unable to receive appropriate legal representation on issues affecting their lives. The service provides education, representation, defense and advocacy on elder rights issues, public benefit denials, long term care rights and other issues of concern to seniors. The focus is on serving low income, minority and frail individuals who would not otherwise be represented. Services are provided under two contracts with the Senior Citizens' Law Office, one for \$70,000 to provide HIBAC and SSM services and one for \$258,000 for general legal services.

Primary customer: Persons age 60 and over.

Customer conditions: Representation is often needed by seniors to resolve issues in nursing homes, HMOs, public benefits, and fraud.

Changes and Key Initiatives

Emphasis has been given to cases of denial of Medicare rights, health care issues, and educating seniors about their rights.

Input Measure (\$000's)

2002	265	265 OPERATING GRANTS FUND	265
2003	265	265 OPERATING GRANTS FUND	14
2004	265	265 OPERATING GRANTS FUND	328
2005	265	265 OPERATING GRANTS FUND	268
2006	265	265 OPERATING GRANTS FUND	375

Strategic Accomplishments

None

<i>Output Measures</i>	<i>Year</i>	<i>Projected</i>	<i>Mid-Year</i>	<i>Actual</i>	<i>Notes</i>
Senior legal services provided through contractual services	2001			2,870	
Senior legal services provided through contractual services	2002	2,949			
	2003	2,949			
	2004	2,949			
	2005	2,949			
	2006	2,949			

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Department: FAMILY AND COMMUNITY SERVICES

Service Activity: Senior Day Care

3270700

Service Activity Purpose and Description

Services: Gentle physical exercise, mental exercise, nutrition, arts and crafts, recreation, socialization, field trips, and assistance with activities of daily living in a safe licensed environment with a ratio of 1 staff for 5 participants. In FY/05 DFCS anticipates contracting with Cornucopia, Inc. in the amount of \$75,000 and with Share Your Care in the amounts of \$494,000 for general adult day care and in the amount of \$50,000 for Adult Day Care--Ponderosa.

Primary Clients: Clients are people over age 60 who are frail and/or in dementia

Current State: Clients of this service have caregivers who work or otherwise need respite, and need safe care for their seniors

Conditions Being Addressed: Senior citizens living in a home environment functioning at an optimal level.

Changes and Key Initiatives

Input Measure (\$000's)

2002	265	265 OPERATING GRANTS FUND	496
2003	265	265 OPERATING GRANTS FUND	565
2004	265	265 OPERATING GRANTS FUND	68
2005	265	265 OPERATING GRANTS FUND	619
2006	265	265 OPERATING GRANTS FUND	652

Strategic Accomplishments

<i>Output Measures</i>	<i>Year</i>	<i>Projected</i>	<i>Mid-Year</i>	<i>Actual</i>	<i>Notes</i>
Hours of service provided	2003	58,638			
	2004	58,638			
	2005	58,638			
	2006	58,638			

<i>Output Measures</i>	<i>Year</i>	<i>Projected</i>	<i>Mid-Year</i>	<i>Actual</i>	<i>Notes</i>
Unduplicated frail elders served	2003	275			
	2004	275			
	2005	275			
	2006	275			